

Hello Park Valley Families!

Registration for our Winter Training Program is now open! As we move indoors, keeping the players and staff safe and healthy continues to be PVU's #1 priority! Therefore, we will be implementing the following modifications and protocols for our WTP.

**Number of players allowed to register per group**

- There is a maximum of 24 players and 1 coach permitted per "pod." A pod is a 1/4 of the field.
- Only 24 players per "training group" will be allowed to register. See Appendix A for a list of training groups.

**Maximum number of people allowed in the dome**

The Academy of Holy Angels has set the maximum number of people allowed in the dome at any given time at 100. Therefore, parents are not allowed in the dome.

Parents should drop their children off outside the dome. Parents who wish to stay on campus and wait for training to end should park their cars in one of the 3 AHA parking lots and then have their child come to their parked car when the training session is finished.

**MN Mask Mandate (Updated Dec 28, 2020)**

At the time of the WTP registration, there remains an indoor mask mandate for Minnesota. As a result:

- All trainers/coaches will be wearing their face covering at all times.
- Players will be required to wear a face-covering **AT ALL TIMES**, even while playing.

**Safety Protocols in Place:**

- Players must bring their own soccer ball. Extra soccer balls will not be on site.
- When not on the field playing, players must wear a face-covering (except when getting a drink).
- Players and players equipment will be kept 6 feet apart on the sidelines.
- Equipment such as cones and scrimmage vests will not be shared amongst the players.

- Physical contact between players will be limited (no high-five's, fist bumps, etc).
- Staggered training times to ensure minimal contact between training groups.
- Attendance will be taken each training day

### **Important Items of note:**

While the majority of training will consist of technical exercises, scrimmages & activities with contact will occur.

### **Coach/Trainer Responsibilities:**

- Coach will use the Minnesota Symptom Screener to self-screen before each training day - <https://www.health.state.mn.us/diseases/coronavirus/schools/homescreen.pdf>
- Coach will wear a face covering at all times.
- Coach will sanitize their hands and equipment between training groups.
- Coach will set up and pick up their own cones.
- Coach will maintain 6 feet from players at all times.

### **Player Responsibilities:**

- Players will use the Minnesota Symptom Screener to self-screen before each training day - <https://www.health.state.mn.us/diseases/coronavirus/schools/homescreen.pdf>
- If you're sick, STAY HOME!
- Players will stay in their designated training group.
- Players should be fully dressed when entering the dome.
- Players must wear a face covering while entering the dome and anytime they are not playing in training.
- Players must keep their bags/water bottles and themselves 6 feet from other players on the sideline.
- Players must not share drinks, food, or equipment with other people.

### **Parent Responsibilities:**

- Parents will ensure their child uses the Minnesota Symptom Screener to self-screen before each training day - <https://>

[www.health.state.mn.us/diseases/coronavirus/schools/homescreen.pdf](http://www.health.state.mn.us/diseases/coronavirus/schools/homescreen.pdf)

- Notify PVU admin if anyone in their household has COVID symptoms, has been diagnosed with COVID, or has been in direct contact (within 6 feet of someone for longer than 15 minutes) with someone who has COVID.
- Speak with their children about following protocols.
- Drop their child off in the parking lot and not enter the dome.

## **APPENDIX A**

### **WTP Training Groups:**

#### **BOYS**

U9 & U10 Boys

U11 & U12 Boys 1 - Players from Black & Blue teams

U11 & U12 Boys 2 - Players from Silver & White teams

U13 & U14 Boys 1 - Players from Black & Blue teams

U13, U14, U15 Boys 2 - Players from Silver & White teams

U15, U16, U19 Boys - Players from U15 Blue, U16 and U19 teams

#### **GIRLS**

U9 & U10 Girls U11 Girls

U12 & U13 Girls U14 & U15 Girls U16 & U17 Girls U18 & U19 Girls